# AQUATICS LIFEGUARD/SWIM INSTRUCTOR

**JOB SUMMARY**

Under the general direction of an adaptive physical education teacher, act as lifeguard during school hours. Manage the behavior of students with a variety of exceptional needs including physical, medical, and emotional. Instruct aquatics classes. Perform light cleaning and maintenance duties in and around the swimming pool.

**TYPICAL DUTIES**

Instruct individual students and small groups of students in aquatic and motor skills, including but not limited to floating, facilitating upper/lower limb responses and head control; preschool swimming; learn-to-swim; lifesaving; water safety. Enforce safety rules. Strive to prevent accidents, maintain discipline. Administer first aid in the event of injury. Rescue persons in distress or danger of drowning. Answer inquiries from the public pertaining to pool regulations and facilities. Assist in implementing IEP (Individualized Educational Plan) objectives by utilizing the STEP system and maintain records of student progress. Use behavior management skills in implementing behavior strategies. Lift and maneuver students in wheelchairs. Assist in dressing and bathrooming students. Assist in maintaining a clean and safe environment for students, staff, and public. Assist in scheduling pool times for students. Maintain and monitor pool equipment and pool water, adding chemicals if necessary, log sheets, and safety requirements of equipment and pool rules. Conduct emergency drills with staff once a week, including the handling of neck and back injuries, falling on the deck, first aid, rescue breathing, CPR, and fire drill techniques. Inventory equipment, first aid supplies, log sheets, and replenish supplies through school office/adaptive physical education department.

**JOB REQUIREMENTS**

Any combination of education, training, and/or experience which demonstrates your ability to perform the required duties. A typical qualifying background would include successful completion of the district developed competency-based program requirements as a Special Education Classroom Assistant Trainee. Experience in aquatics with emphasis on water safety. Successful completion of water safety courses. Must possess, or be willing to obtain within the probationary period, the supplementary to the American Red Cross Water Safety Instruction (WSI) Certificate for “Handicapped”.

**Knowledge of:**

Public education and special education. Methods and procedures involved in working with children. Methods of rescue, life saving techniques, artificial respiration, and first aid. Instructing students in aquatic and motor skills activities. Safety rules and precautions related to a swimming pool environment.

**Ability to:**

Work in a positive way with a wide range of students with special needs and varying ages. Organize and teach water safety and swim classes with individual instruction in a safe manner. Meet the public and professionally represent yourself, the district, and the adaptive physical education department. Perform

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minor cleaning tasks of both the pool and its surroundings. Work well with handicapped pupils, their teachers, and parents, as well as other staff. Follow through with written or oral suggestions by teachers. Use appropriate communication skills in dealing with both children and adults. Lift and maneuver students, ages 18 months to 15 years. Assist in dressing and bathrooming students under your direction. Effectively work with pupils who may become physically violent. Follow established district procedures and guidelines.

**CERTIFICATES**

Must possess a current American Red Cross Water Safety Instructor (WSI) certificate (or be willing to obtain one within the probationary period). Current, valid, American Red Cross Lifeguard certificate. Current, valid, American Red Cross First Aid certificate and current, valid American Red Cross or American Heart Association Cardiopulmonary Resuscitation (CPR) certificate.

**LICENSE**

Must possess a valid California driver's license and the ability to maintain qualification for district vehicle insurance coverage.

**PHYSICAL ABILITY**

The selected candidate must be able to perform the duties of a rigorous work schedule which includes lifting, loading, and unloading, and pass a physical examination and drug screening.

**WORKING CONDITIONS**

Outdoors. In and around swimming pool with exposure to chlorinated and chemically treated water.