

ELEMENTARY
FRUIT AND VEGGIE BAR
2008/2009

PAN SIZES

Fresh Fruit Basket	1/2 PAN 6"	1/3 PAN	1/3 PAN	1/2 PAN 6"
		1/3 PAN	1/3 PAN	
	1/2 PAN 6"	1/3 PAN	1/3 PAN	1/2 PAN 6"
		1/3 PAN	1/3 PAN	

MONDAY

Fresh Fruit Basket	Romaine salad (Caesar)	BABY CARROTS	JICAMA WITH LIME & CHILI POWDER	FRUIT OF THE DAY
		DICED CUCUMBERS	BROCCOLI BUDS	
		BABY CARROTS	JICAMA WITH LIME & CHILI POWDER	

TUESDAY

Fresh Fruit Basket	SALAD MIX & SHREDDED CABBAGE	CELERY STICKS	LARGE VEGGIE MIX	FRUIT OF THE DAY
		PEANUT BUTTER CUPS	PURPLE CABBAGE	
		CELERY STICKS	LARGE VEGGIE MIX	

WEDNESDAY

Fresh Fruit Basket	SALAD MIX WITH SPINACH AND CHINESE NOODLES	MUSHROOMS SLICES	TOMATOES	FRUIT OF THE DAY
		CARROTS SHREDDED	SHREDDED RADISH	
		MUSHROOM SLICES	TOMATOES	

THURSDAY

Fresh Fruit Basket	LEAF, SHREDDED OR SALAD MIX	CARROT STICKS	COLESLAW OR POTATO SALAD	FRUIT OF THE DAY
		PICKLE CHIPS	SLICED TRI COLOR PEPPERS	
		CARROT STICKS	COLESLAW OR POTATO SALAD	

FRIDAY

Fresh Fruit Basket	Romaine salad (Caesar)	CARROTEENIES	COOK'S SPECIAL SALAD	FRUIT OF THE DAY
		CAULIFLOWER	COOK'S CHOICE	
		CARROTEENIES	COOK'S SPECIAL SALAD	

***You do not need to submit a fruit & veggie or a pan order. Kathie Ward will be ordering produce for you. Any suggestions and concerns may be directed to Kathie on ext. 3113.**

sALSA WILL BE INCLUDED ON THE FRUIT AND VEGGIE BAR WITH mEXICAN MENU

FRESH FRUIT SELECTIONS WILL BE AVAILABLE DAILY

